

# Junior Revision Bites 2

**Week 2 (from Monday 19<sup>th</sup> October to Friday 23rd October)**

## **Revision bite 5: Planning for revision**

Class brainstorm on the board – how can I study effectively?

Ideas should cover environment, resources, nutrition ...

## **Revision bite 6: Effective revision strategies**

### **Learn only three or four things at a time**

The short term memory can remember between five and nine pieces of information in one chunk. The smaller more manageable the chunks, the faster you will pick up the information. Break your study content into small pieces so you find it easy to recall. Learn three or four pieces of data at a time, then revise it, check you can still recall the facts. Then learn three or four more pieces of information, revise these and the last 'chunk'. If you still know this, continue this way, always pausing to revisit the previous 'chunks'.

## **Revision bite 7: Effective revision strategies**

### **Draw pictures and diagrams**

Pictures are located in the same part of the brain as the long term memory. When studying, turn your key concepts into pictures. The first picture drawn or thought of is usually the most memorable. The sillier the picture, the better it is for remembering as it stands out. Colourful pictures are often easier to remember. Visuals can be imagined, drawn or made. Use dates and words and write them large and in colour. The brain will process this as a picture not a word. Make sure key information is up high so the fast visual recall memory processes it.

## Revision bite 8: Effective revision strategies

### Creating mind-maps

- Mind Mapping is a useful technique that improves the way you take notes.
- If you have a data projector you can show your students the You Tube video at this link: [http://www.youtube.com/watch?v=v8\\_H42Z9wxA&feature=related](http://www.youtube.com/watch?v=v8_H42Z9wxA&feature=related)
- Otherwise, here are 7 steps to making a mind map. You could dictate this information for the students to write down.

### 7 Steps to Making a Mind Map

1. Start in the CENTRE of a blank page turned sideways.
2. Use an IMAGE or PICTURE for your central idea.
3. Use COLOURS throughout.
4. CONNECT your MAIN BRANCHES to the central image and connect your second- and third-level branches to the first and second levels, etc.
5. Make your branches CURVED rather than straight-lined.
6. Use ONE KEY WORD PER LINE.
7. Use IMAGES throughout.

— Aiming for M/E focus on added detail

